

This institution is an equal opportunity provider. Menus are subject to change.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

WELLNESS IS A WAY OF LIFE!

This year, our menu will feature regular Wellness tips, showing how diet, exercise, and taking care of ourselves can help ensure that we stay healthy and at the top of our games!

Thursday, August 21

Breakfast

WG Cereal & Low-Fat Yogurt
Milk and Fruit

Lunch

Anytimers Turkey & Cheese Lunch Kit or Sandwiches Baby Carrots & Ranch Dressing Assorted Milk & Assorted Fruit

Snack

WG Rainbow Goldfish Low-Fat Milk

Friday, August 22

Breakfast

WG Breakfast Sausage Sandwich Milk and Fruit

Lunch

Double Dog Classic or Manager's Choice Tater Tots Assorted Milk & Assorted Fruit

Snack

WG Belly Bear Grahams Low-Fat Milk

*** REMINDER TO ALL K-8th PARENTS & STUDENTS ***

A COMPLETE Breakfast or Lunch Meal

must be selected by the student to be considered **FREE \$0.00**!

Take at least

3
One must be a fruit

BREAKFAST

Take

3-5

One must be a fruit or veggie

LUNCH

A COMPLETE LUNCH INCLUDES

STUDENT A LA CARTE

Menu Item Prices for SY 25-26
Main Entrée (Breakfast) = \$3.25

Main Entrée (Lunch) = \$5.00

Fruit or Vegetable = \$1.00 Milk or Juice = \$0.75

Snack - \$1.50

GSD Board Approval Date: 08/07/2025

Monday, August 25

Breakfast

WG Waffle Milk and Fruit

Lunch

Cheeseburger Sliders
Green Peas
Assorted Milk & Assorted Fruit

Snack

WG Goldfish Grahams Low-Fat Milk

Tuesday, August 26

Breakfast

WG Pizza Bagel Milk and Fruit

Lunch

WG Popcorn Chicken w/ Goldfish Crackers Yellow Corn Assorted Milk & Assorted Fruit

Snack

WG Cheetos Puffs Low-Fat Milk

Wednesday, August 27

Breakfast

WG Pancakes Milk and Fruit

Lunch

Domino's or Papa John's Cheese or Pepperoni Pizza Mixed Green Salad Assorted Milk & Assorted Fruit

Snack

WG Cheez Its
Apple Juice

Thursday, August 28

Breakfast

WG Lemon Loaf Milk and Fruit

Lunch

Mandarin Orange Chicken & Brown Rice Broccoli Assorted Milk & Assorted Fruit

Snack

WG Chocolate Tiger Bites Low-Fat Milk

Friday, August 29

Breakfast

WG Blueberry Muffin Milk and Fruit

Lunch

WG Grilled Cheese Sandwich or Manager's Choice Seasoned Potato Wedges Assorted Milk & Assorted Fruit

Snack

Roasted Sunflower Kernels Low-Fat Milk

Monday, September I

last Chance

Last Chance to Bask!

Labor Day Monday, Sept. 1 No School Today!

Tuesday, September 2

Breakfast

WG Pan Dulce Concha Low-Fat Milk and Fruit

<u>Lunch</u>

WG Cheesy Pull Aparts w/ Marinara Sauce Cup Yellow Corn Assorted Milk & Assorted Fruit

Snack

WG Scooby Doo Grahams Low-Fat Milk

AVAILABLE DAILY

Offered @ Breakfast

Variety of Seasonal Fruits & WG Cereal w/ Low-Fat Yogurt or WG Cereal w/ String Cheese

Offered @ Lunch

Variety of Seasonal Fruits & Vegetables @ the Salad Bar

Turkey (& Cheese) Sandwich

or

New SY 25-26 Item: Salad Shaker Cup

Yogurt & Fruit Parfait



GSD Food Services Department