



This institution is an equal opportunity provider. Menus are subject to change.

Monday, February 2

Breakfast
Corn Muffin
Milk and Fruit

Lunch
Cheese Bites
w/ Marinara Sauce Cup
Mixed Vegetables
Milk and Fruit

Snack
Scooby Doo Grahams
Low-Fat Milk

Tuesday, February 3

Breakfast
Pancakes
Milk and Fruit

Lunch
Chicken Egg Roll
Diced Carrots
Milk and Fruit

Snack
Vanilla States & Capitals
Low-Fat Milk

Wednesday, February 4

Breakfast
Egg Patty & Toast
Milk and Fruit

Lunch
Deep Dish Pizza Rounds
Mixed Green Salad w/ Ranch
Milk and Fruit

Snack
Honeycrisp Apples
Low-Fat Milk

Thursday, February 5

Breakfast
Pan Dulce Concha
Milk and Fruit

Lunch
Spaghetti w/ Meat Sauce
Garlicky Green Beans
Milk and Fruit

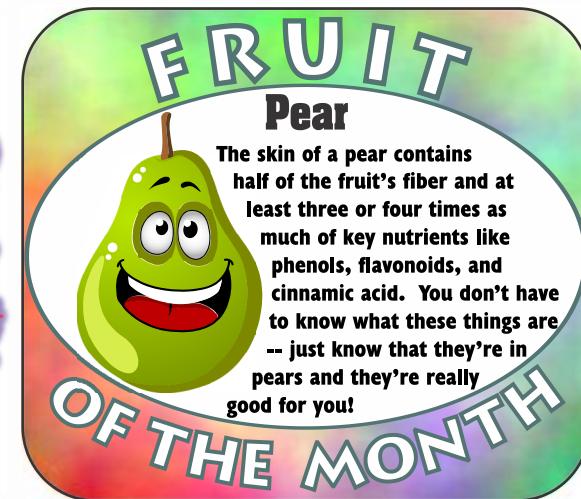
Snack
Cheez Its
Apple Juice

Friday, February 6

Breakfast
French Toast Sticks
Milk and Fruit

Lunch
Popcorn Chicken
& Pretzel Goldfish
Sweet Potato Crinkle Fries
Milk and Fruit

Snack
Multigrain Sunchips
Low-Fat Milk



*** REMINDER TO ALL K-8th PARENTS & STUDENTS ***

A COMPLETE Breakfast or Lunch Meal
must be selected by the student to be considered **FREE \$0.00!**

Take at least
3
One must be a fruit

Take
3-5
One must be a fruit or veggie

BREAKFAST

A COMPLETE BREAKFAST INCLUDES:

STUDENT A LA CARTE

Menu Item Prices for SY 25-26

Main Entrée (Breakfast) = \$3.25

Main Entrée (Lunch) = \$5.00

Fruit or Vegetable = \$1.00

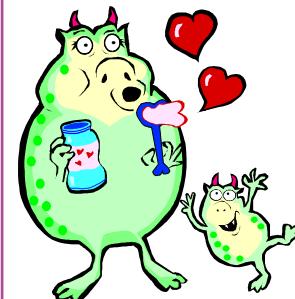
Milk or Juice = \$0.75

Snack - \$1.50

GSD Board Approval Date: 08/07/2025



**HAPPY
VALENTINE'S
DAY!**



**GSD Food Services
Department
(626) 307-3407**

Monday, February 9

Breakfast
Waffles
Milk and Fruit

Lunch
Cheeseburger Sliders
Mixed Vegetables
Milk and Fruit

Snack
Blueberry Muffin
Low-Fat Milk

Tuesday, February 10

Breakfast
Sunrise Sausage & Cheese
Sandwich
Milk and Fruit

Lunch
Beef & Cheese Taco Stick
Diced Carrots
Milk and Fruit

Snack
Sliced Apples & Sunbutter Cup
Low-Fat Milk

Wednesday, February 11

Breakfast
French Toast Sticks
Milk and Fruit

Lunch
Domino's or Papa John's Pizza
Mixed Green Salad w/ Ranch
Milk and Fruit

Snack
Cheddar Goldfish
Low-Fat Milk

Thursday, February 12

Breakfast
Turkey Sausage Breakfast Pizza
Milk and Fruit

Lunch
Grilled Cheese Sandwich or
Manager's Choice
Green Beans
Milk and Fruit

Snack
Heartzels Pretzels
Apple Juice

Friday, February 13

LINCOLN DAY
Presidents' Day



No School Today

FEBRUARY 14



Available Daily

Offered @ Breakfast

Cereal & Low-Fat Yogurt or
Cereal & String Cheese
Variety of Seasonal Fruits

Offered @ Lunch

Variety of Seasonal Fruits &
& Variety of Fresh Vegetables
at the Salad Bar

Turkey (& Cheese) Sandwiches
or
Chef's Salad
or
Yogurt & Fruit Parfait

Monday, February 16

Presidents' Day



No School Today

Tuesday, February 17

STAFF DEVELOPMENT DAY



No School Today

Wednesday, February 18

Breakfast
Cereal & Yogurt
or Managers' Choice
Milk and Fruit

Lunch
Deep Dish Cheese Pizza Rounds
Diced Carrots
Milk and Fruit

Snack
Rainbow Goldfish
Apple Juice

Thursday, February 19

Breakfast
Breakfast Burrito
Milk and Fruit

Lunch
RibBQ on Hoagie Bread
Green Beans
Milk & Fruit

Snack
Oven Baked Potato Crisps
Low-Fat Milk

Friday, February 20

Breakfast
Blueberry Muffin
Milk and Fruit

Lunch
Chicken Tenders or Fish Sticks
Sweet Potato Crinkle Fries
Milk & Fruit

Snack
Jungle Crackers
Low-Fat Milk

Monday, February 23

Breakfast
Belgian Waffle
Milk and Fruit

Lunch
Regular or Spicy
Chicken Sandwich
Diced Carrots
Milk and Fruit

Snack
Vanilla Sports Bites
Low-Fat Milk

Tuesday, February 24

Breakfast
Apple Frudel
Milk and Fruit

Lunch
Beef Taco CrispUps
Refried Beans
Milk and Fruit

Snack
Sliced Apples & Sunbutter Cup
Low-Fat Milk

Wednesday, February 25

Breakfast
Egg Patty & Toast
Milk and Fruit

Lunch
Domino's or Papa John's Pizza
Mixed Green Salad w/ Ranch
Milk and Fruit

Snack
Cheddar Goldfish
Low-Fat Milk

Thursday, February 26

Breakfast
Breakfast Sandwich
Milk and Fruit

Lunch
Mandarin Orange Chicken
& Brown Rice
Garlicky Green Beans
Milk & Fruit

Snack
Chocolate Belly Bears
Apple Juice

Friday, February 27

Breakfast
Pizza Bagel
Milk and Fruit

Lunch
Bean & Cheese Burrito
or Manager's Choice
Yellow Corn
Milk & Fruit

Snack
Rice Krispies Treat
Low-Fat Milk

Monday, March 2

Breakfast
Pan Dulce Concha
Milk and Fruit

Lunch
Cheeseburger Sliders
Diced Carrots
Milk and Fruit

Snack
Cheetos Puffs
Low-Fat Milk



NUTRITION TO GO

One study found that more than half of 7-to-9 year olds picked strawberries as their favorite fruit. A cup of strawberries contains just 50 calories, but delivers 140% of the RDA for vitamin C. Strawberries are the only fruit with seeds on the outside – about 200 seeds per berry!

A QUICK BITE FOR PARENTS